Operation Guide 5631

CASIO®
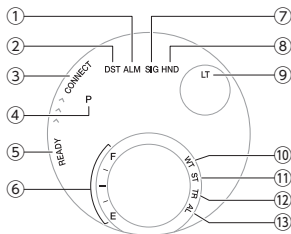
Contents

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Before Getting Started...

This section provides an overview of the watch and introduces convenient ways it can be used.

Note

• The illustrations included in this operation guide have been created to facilitate explanation. An illustration may differ somewhat from the item it represents.

## Watch Face and Display Indicators

① Displayed while an alarm is turned on.

② Displayed while the watch is indicating summer time.

③ The second hand will point to [CONNECT] if the watch is connected with a phone.

④ Displayed during p.m. times while 12-hour timekeeping is being used.

⑤ The second hand will point to [READY] if the watch is standing by for connection with a phone.

⑥ Battery level
In the Timekeeping Mode, the current charge level is indicated by the mode hand.

⑦ Displayed while the hourly time signal is enabled.

⑧ Displayed while the watch's hands are shifted for easier reading.

⑨ Displayed while Auto Light is enabled.

⑩ In the World Time Mode, the mode hand points to [WT].

⑪ In the Stopwatch Mode, the mode hand points to [ST].

⑫ In the Timer Mode, the mode hand points to [TR].

⑬ In the Alarm Mode, the mode hand points to [AL].

Navigating Between Modes

Each press of (D) cycles between watch modes.

• In any mode, hold down (D) for at least two seconds to enter the Timekeeping Mode.

Timekeeping Mode

Mode hand

Alarm Mode

World Time Mode

Timer Mode

Stopwatch Mode
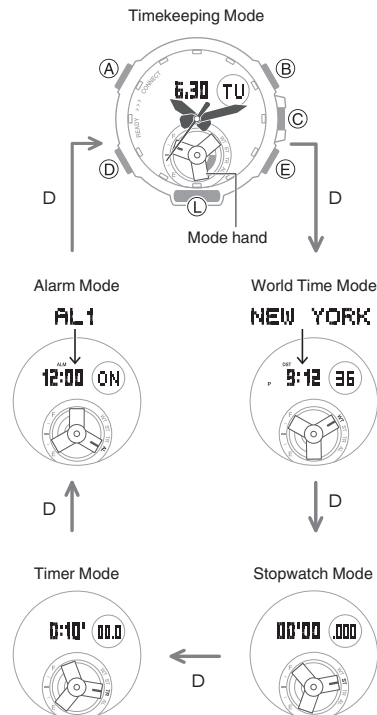
● **Connecting with a Phone**

Hold down (C) for about 1.5 seconds to connect with a phone.

• To disconnect, press any button.

Before connection   After connection

Any button
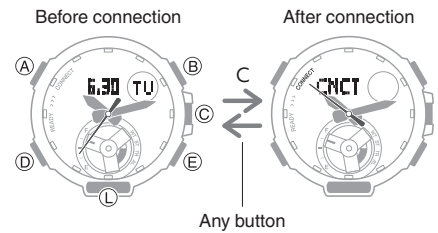
Cycling Between Timekeeping Mode Digital Display Contents

Each press of (A) in the Timekeeping Mode toggles between the display information as shown below.

Hours, minutes   Seconds

A

Month, day   Day of week
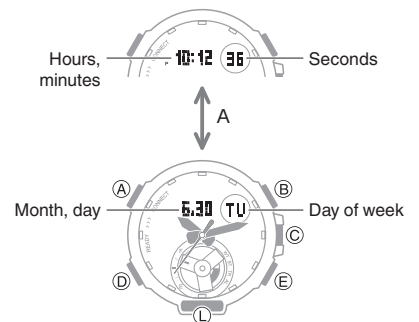
● **Displaying the Current Home City**

Pressing (E) displays the currently selected Home City for a short while. After that, the screen you started from re-appears.

• Pressing (E) while the currently selected Home City is displayed will also return to the screen you started from.

Home City   TOKYO

2

CASIO®
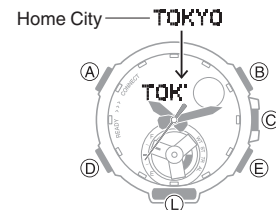
Shifting the Hands

Hand shift moves the hands out of the way for easy viewing of display information.

1. While holding down (L), press (D).
    *   This will shift the analog hands to allow easy viewing of display information.
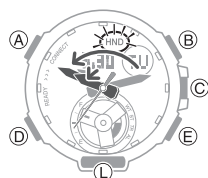
2. To return the hands to their normal timekeeping positions, hold down (L) as you press (D) again, or press (D) to change to another mode.

Note

*   If you leave the watch with its hands shifted and do not perform any operation for about one hour, the hands will resume normal timekeeping automatically.

Solar Charging

This watch runs on power supplied from a rechargeable (secondary) battery that is charged by a solar panel. The solar panel is integrated into the face of the watch, and power is generated whenever the face is exposed to light.

● Charging the Watch

When you are not wearing the watch, put it in a location where it is exposed to bright light.

While you are wearing the watch, make sure that its face (solar panel) is not blocked from light by the sleeve of your clothing. Power generation efficiency is reduced even when the face of the watch is blocked only partially.

YES   NO

Important!

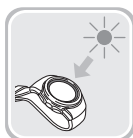*   Depending on light intensity and local conditions, the watch may become hot to the touch when exposed to light for charging. Take care to avoid burn injury after charging. Also, avoid charging the watch under high-temperature conditions like the ones described below.
    -   On the dashboard of a vehicle parked in the sun
    -   Near an incandescent light bulb or other source of heat
    -   Under direct sunlight or in other hot areas for long periods

● Checking the Charge Level

In the Timekeeping Mode, the current charge level is indicated by the mode hand.
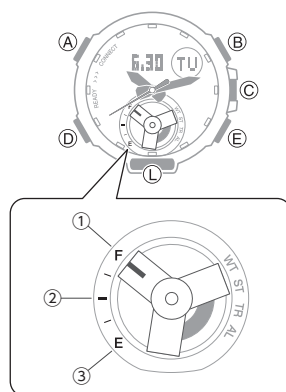
① Good (high charge)

② Good (medium charge)

③ Low Battery

● Remaining Charge and Dead Battery

You can determine if the charge level is low by checking the hand movement. Functions become disabled as battery power goes low.

Important!

*   Should the battery go low or go dead, expose the face (solar panel) to light as soon as possible.

Note

*   Exposing the watch face to light after the battery goes dead will cause the [CHARGE] indicator to appear and the second hand to rotate counterclockwise until it stops at second 57. This indicates charging has started.

Low Battery Power

The second hand jumps at two-second intervals.

Second hand
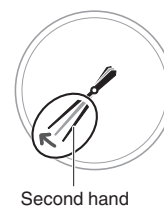
Dead Battery

All hands are stopped.

3

● **Charging Time Guidelines**

The table below shows guidelines for approximate charging times.

Charging Times Required for 1 Day of Operation

Light Level (Lux)	Approximate Charging Time
50,000	8 minutes
10,000	30 minutes
5,000	48 minutes
500	8 hours

Times Required to Achieve Next Charge Level

• Sunny day, outdoors (50,000 lux)

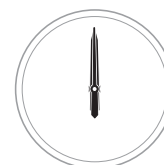|	
Dead battery ➜ Medium charge	2 hours
Medium charge ➜ High charge	20 hours
High charge ➜ Full charge	6 hours

• Sunny day, near a window (10,000 lux)

Dead battery ➜ Medium charge	6 hours
Medium charge ➜ High charge	76 hours
High charge ➜ Full charge	21 hours

• Overcast day, near a window (5,000 lux)

Dead battery ➜ Medium charge	10 hours
Medium charge ➜ High charge	123 hours
High charge ➜ Full charge	33 hours

• Indoor fluorescent lighting (500 lux)

Dead battery ➜ Medium charge	116 hours
Medium charge ➜ High charge	-
High charge ➜ Full charge	-

Note

• Actual charging time depends on the local charging environment.

● **Power Saving Function**

Leaving the watch in a dark location for about one hour between the hours of 10 p.m. and 6 a.m. will cause the display to go blank, and the watch to enter Level 1 power saving. If the watch is left in this condition for six or seven days, the watch will enter Level 2 power saving.

Power Saving Level 1 :

The second hand stops at 12 o'clock and the digital display goes blank to save power. The watch can connect with a phone at this level.

Power Saving Level 2 :

All hands stop and the digital display goes blank to save power. All functions are disabled.

Recovering from Power Saving Operation

Use one of the operations below to exit power saving.

• Press any button.
• Move the watch to a bright location.
• Trigger auto light by angling the watch towards your face.

Note

• The watch will not enter power saving in the cases below.
  – Alarm Mode
  – While in the Stopwatch Mode
  – While in the Timer Mode
• You can enable or disable Power Saving.
  🔍 Configuring Power Saving Function Settings
• Note that the watch also may enter power saving if its face is blocked from light by your sleeve while you are wearing it.

Useful Features

Pairing the watch with your phone makes a number of the watch's features easier to use.

Auto time adjustment
🔍 Auto Time Adjustment

Selection of More Than 300 World Time cities
🔍 Configuring World Time Settings
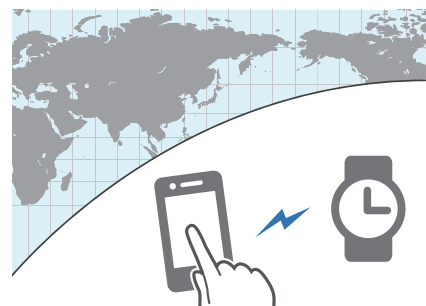
In addition, a number of other watch settings can be configured using your phone.

To transfer data to a watch and to configure settings, you first need to pair the watch with your phone.
🔍 Getting Ready

• Your phone needs to have the CASIO "G-SHOCK Connected" app installed to pair with the watch.

Using Mobile Link with a Mobile Phone

While there is a Bluetooth connection between the watch and phone, the watch time setting is adjusted automatically. You can also change the watch's other settings.

> **Note**
>
> - This function is available only while G-SHOCK Connected is running on the phone.
> - This section describes watch and phone operations.
>   - ⌚ : Watch operation
>   - 📱 : Phone operation

Getting Ready

To use your watch in combination with a phone, you first need to pair them. Perform the steps below to pair the watch with a phone.

● ① **Install the app on your phone.**

In Google Play or the App Store, search for the CASIO "G-SHOCK Connected" app and install it on your phone.

● ② **Configure Bluetooth settings.**

Enable the phone's Bluetooth.

> **Note**
>
> - For details about setting procedures, see your phone documentation.

● ③ **Pair the watch with a phone.**

Before you can use the watch in combination with a phone, you first need to pair them.

1. Move the phone to be paired with close to (within one meter of) the watch.

2. 📱 Tap the "G-SHOCK Connected" icon.

3. ⌚ Hold down (C) for at least 1.5 seconds. Release the button when [CNCT] starts to flash.

4. 📱 Perform the operation shown on the screen of the phone to be paired with.

   When a connection is established between the watch and phone, [CNCT] will stop flashing and the second hand will move from [READY] to [CONNECT].

   - If pairing fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the pairing procedure. Perform the pairing procedure again from the beginning.

Pairing started.   Pairing complete.
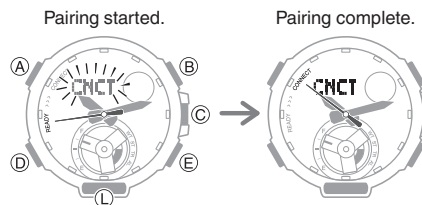
> **Note**
>
> - The first time you start up G-SHOCK Connected, a message will appear on your phone asking if you want to enable location information acquisition. Configure settings to allow background use of location information.

Using the Watch in a Medical Facility or Aircraft

Whenever you are in a hospital, on an aircraft, or in any other location where connection with a phone may cause problems, you can perform the procedure below to disable auto time adjustment. To re-enable auto time adjustment, perform the same operation again.

1. ⌚ If the watch is in any mode besides the Timekeeping Mode, hold down (D) for at least two seconds to enter the Timekeeping Mode.

2. ⌚ Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

Home City
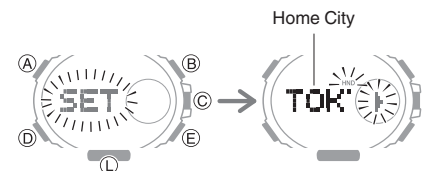
3. ⌚ Press (D) 14 times.

   This displays [RCV].

4. ⌚ Press (E) to toggle between the auto time adjustment settings.

   [OFF]: Auto time adjustment disabled.

   [ON]: Auto time adjustment enabled.

5. ⌚ Press (A) to exit the setting screen.

> **Note**
>
> - The auto time adjustment setting can be changed only while the watch is paired with a phone.

Auto Time Adjustment

Your watch will connect with a phone at preset times each day and adjust its time settings automatically.

● **Using This Function**

Your watch adjusts its time setting four times a day according to a preset schedule. If you leave your watch in the Timekeeping Mode, it will perform the adjustment operation automatically as you go about your daily life, without any operation required by you.
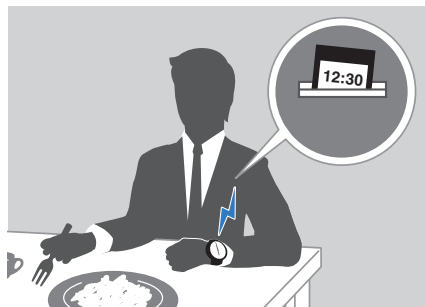
Important!

• The watch may not be able to perform auto time adjustment under the conditions described below.
  − While the watch is too far away from its paired phone
  − While communication is not possible due to radio interference, etc.
  − While the phone is updating its system
  − While G-SHOCK Connected is not running on the phone

Note

• If the watch does not indicate the correct time even if is able to connect with a phone, adjust the hand positions.
  🔍 Adjusting Hand Alignment

• If there is a World Time City specified with G-SHOCK Connected, its time will also be adjusted automatically.

• The watch will connect with the phone and perform auto time adjustment at around 12:30 a.m., 6:30 a.m., 12:30 p.m. and 6:30 p.m. The connection is automatically terminated after auto time adjustment is complete.

• The watch cannot connect with a phone for time adjustment while a stopwatch measurement or timer operation is in progress.

● **Triggering Immediate Time Adjustment**

The watch's time setting will be adjusted automatically whenever you establish a connection between the watch and a phone. Whenever you want to trigger immediate time adjustment, perform the procedure below to connect with a phone.

1. Move the phone close to (within one meter of) the watch.

2. 🕐 Press (C).

   [SET] flashes to indicate that the watch has started the connection operation. Once the watch and phone are connected, [OK] will appear, and then the watch will adjust its time setting based on information from the phone.

Trying to connect | After time adjustment
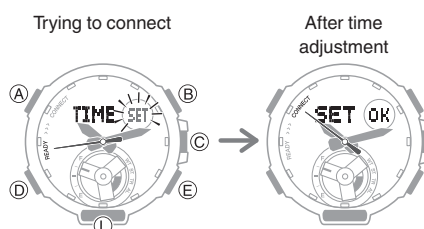
Note

• You can perform the above operation for time adjustment from any watch mode.

• The connection is terminated automatically after time adjustment is complete.

• If time adjustment fails for some reason, [ERR] will appear.

Configuring World Time Settings

Specifying a World Time City with G-SHOCK Connected causes the watch's World Time City to change accordingly. Watch settings can be configured for auto summer time switching for the World Time City.
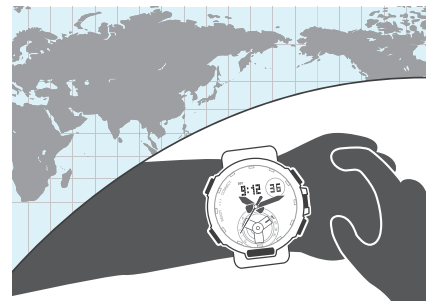
Note

• G-SHOCK Connected World Time lets you select from among approximately 300 cities as the World Time City.

• You can use G-SHOCK Connected to configure settings for user cities that are not included in the watch's built-in World Time Cities. You can then use G-SHOCK Connected to select a user city as your World Time City.

● **Selecting a World Time City**

1. 📱 Tap the "G-SHOCK Connected" icon.

2. 🕐 Hold down (C) for at least 1.5 seconds. Release the button when [CNCT] starts to flash.

   When a connection is established between the watch and phone, [CNCT] will stop flashing and the second hand will move from [READY] to [CONNECT].

   • If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.

Trying to connect | Connected
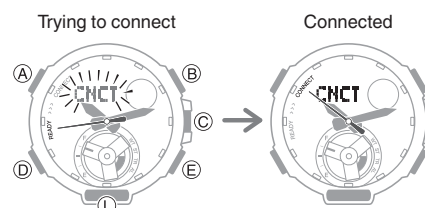
3. 📱 Perform the operation shown on the phone screen. The World Time setting will be reflected on the watch.

● **Configuring the Summer Time Setting**

1. 📱 Tap the "G-SHOCK Connected" icon.

2. ⌚ Hold down (C) for at least 1.5 seconds. Release the button when [CNCT] starts to flash.
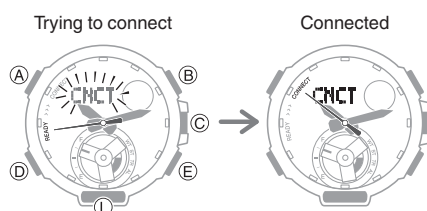
   When a connection is established between the watch and phone, [CNCT] will stop flashing and the second hand will move from [READY] to [CONNECT].

   • If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.

   Trying to connect   Connected

3. 📱 Perform the operation shown on the phone screen to select a summer time setting.

   • "Auto"
   The watch switches between standard time and summer time automatically.
   • "OFF"
   The watch always indicates standard time.
   • "ON"
   The watch always indicates summer time.

   Note

   • While the summer time setting is "Auto", the watch will switch between standard time and summer time automatically. You do not need to switch between standard time and summer time manually. Even if you are in an area that does not observe summer time, you can leave the watch's summer time setting as "Auto".

   • For information about summer time periods, refer the "Summer Time Table" or G-SHOCK Connected.

● **Swapping Your World Time and Home Time**

1. 📱 Tap the "G-SHOCK Connected" icon.

2. ⌚ Hold down (C) for at least 1.5 seconds. Release the button when [CNCT] starts to flash.

   When a connection is established between the watch and phone, [CNCT] will stop flashing and the second hand will move from [READY] to [CONNECT].

   • If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.

   Trying to connect   Connected
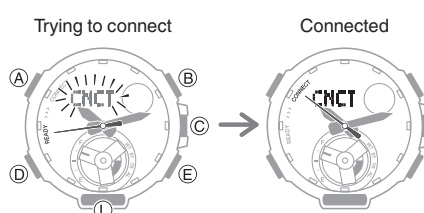
3. 📱 Perform the operation shown on the phone screen to swap your Home Time with your World Time.

   Note

   • Auto time adjustment does not work for 24 hours after swapping of the Home Time and World Time.

Phone Finder

You can use phone finder to trigger a tone on the phone to make it easy to find. The tone is forced to sound even if the phone is in vibrate mode.

Important!

• Do not use this function in areas where phone call tones are restricted.

• The tone sounds at a high volume. Do not use this function when listening to phone output over earphones.

1. ⌚ If the watch is connected with a phone, press any button to terminate the connection.

   Connected   Disconnected
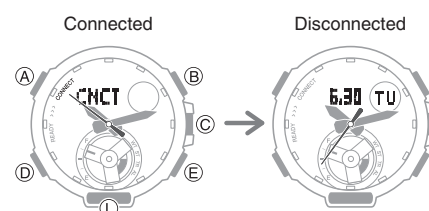
2. ⌚ If the watch is in any mode besides the Timekeeping Mode, hold down (D) for at least two seconds to enter the Timekeeping Mode.

3. ⌚ Hold down (E) for at least 1.5 seconds. Release the button when the second hand points to [READY].

   The phone will sound a tone when it establishes a connection with the watch.

   • It will take a few seconds before the phone tone sounds.

   Preparing to search for   Searching for the
   the phone   phone
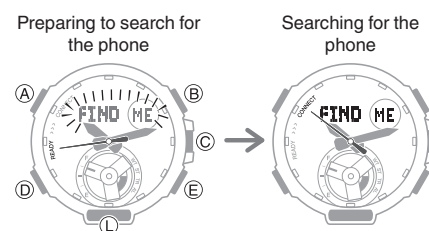
4. ⌚ Press any button to stop the tone.

   • You can press any watch button to stop the phone tone only during the first 30 seconds after it starts to sound.

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Configuring Watch Settings

Alarm time, timer start time, and other settings can also be configured using G-SHOCK Connected.

1.   ▯ Tap the "G-SHOCK Connected" icon.

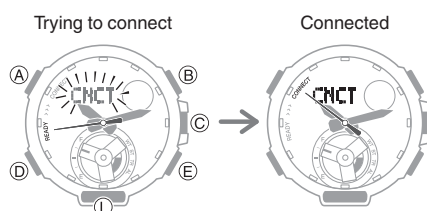2.   ⌚ Hold down (C) for at least 1.5 seconds. Release the button when [CNCT] starts to flash.

     When a connection is established between the watch and phone, [CNCT] will stop flashing and the second hand will move from [READY] to [CONNECT].

     • If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.

Trying to connect   Connected

3.   ▯ Select the setting you want to change and then perform the operation shown on the phone screen.

Changing the Home City Summer Time Setting

1.   ▯ Tap the "G-SHOCK Connected" icon.

2.   ⌚ Hold down (C) for at least 1.5 seconds. Release the button when [CNCT] starts to flash.

     When a connection is established between the watch and phone, [CNCT] will stop flashing and the second hand will move from [READY] to [CONNECT].

     • If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.

Trying to connect   Connected
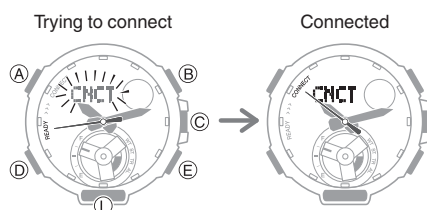
3.   ▯ Perform the operation shown on the phone screen to change your Home City summer time setting.

Checking the Watch Charge Level

Use the procedure below to check the current charge level with G-SHOCK Connected.

1.   ▯ Tap the "G-SHOCK Connected" icon.

2.   ⌚ Hold down (C) for at least 1.5 seconds. Release the button when [CNCT] starts to flash.

     When a connection is established between the watch and phone, [CNCT] will stop flashing and the second hand will move from [READY] to [CONNECT].

     • If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.
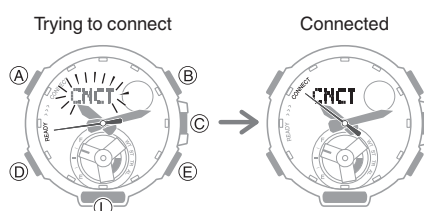
Trying to connect   Connected

3.   ▯ Use G-SHOCK Connected to check the charge level.

Connection

Connecting with a Phone

This section explains how to establish a Bluetooth connection with a phone that is paired with the watch.

• If the watch is not paired with the phone you want to connect with, refer to the information below and pair them.

  🔍 ③ Pair the watch with a phone.

1.   Move the phone close to (within one meter of) the watch.

2.   ⌚ Hold down (C) for at least 1.5 seconds. Release the button when [CNCT] starts to flash.

     When a connection is established between the watch and phone, [CNCT] will stop flashing and the second hand will move from [READY] to [CONNECT].

     • If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.

Trying to connect   Connected
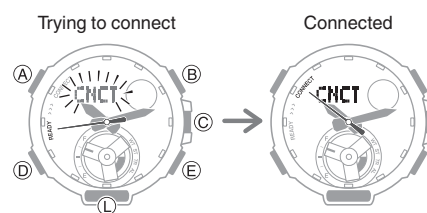
Important!

• If you have problems establishing a connection, it could mean that G-SHOCK Connected is not running on the phone. On your phone's home screen, tap the "G-SHOCK Connected" icon. After the app starts up, hold down the watch's (C) button for at least 1.5 seconds.

Note

• The connection will be terminated if you do not perform any operation on the watch or phone for a fixed amount of time.
To specify the connection limit time, perform the following operation with G-SHOCK Connected: "Watch settings"➜"Connection time". Next, select a setting of 3 minutes, 5 minutes, or 10 minutes.

Disconnecting from a Phone

Pressing any button will terminate a Bluetooth connection and return to the Timekeeping Mode.
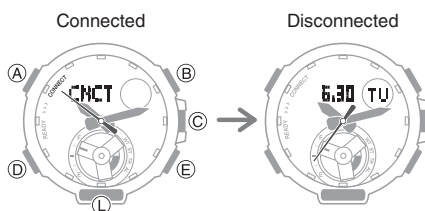
Connected   Disconnected
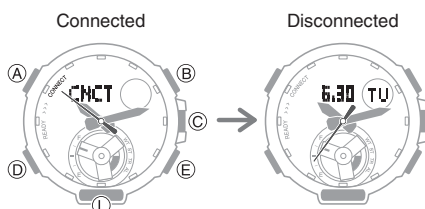
Unpairing

Unpairing the watch from a phone requires both G-SHOCK Connected and watch operations.

● **Deleting Pairing Information from G-SHOCK Connected**

1. ⏱ If the watch is connected with a phone, press any button to terminate the connection.

Connected   Disconnected

2. 📱 Tap the "G-SHOCK Connected" icon.

3. 📱 Perform the operation shown on the phone screen to unpair.

● **Deleting Pairing Information from the Watch**

1. ⏱ Hold down (D) for at least two seconds to enter the Timekeeping Mode.

2. ⏱ Hold down (A) for at least two seconds. Release the button when the name of the currently selected Home City appears on the display.
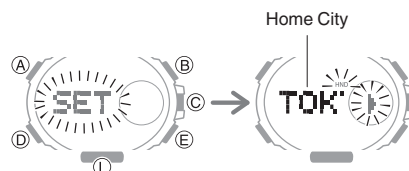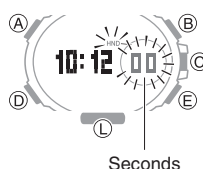
Home City

3. ⏱ Press (D) twice.

This causes the seconds to flash.

Seconds

4. ⏱ Hold down (B) for at least two seconds. Release it when [CLR] stops flashing.

This deletes the pairing information from the watch and returns to the timekeeping display.

If you purchase another phone

You need to perform the pairing operation whenever you want to establish a Bluetooth connection with a phone for the first time.
🔍 ③ Pair the watch with a phone.

World Time

World Time lets you look up the current time in any one of 39 cities around the globe, and UTC (Coordinated Universal Time).
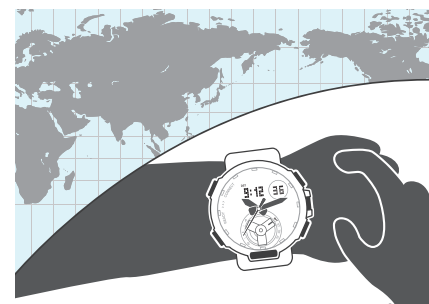
Note

• World Time cities that can be selected only by using G-SHOCK Connected cannot be selected using watch operations.
🔍 Configuring World Time Settings

Checking World Time

1. Enter the World Time Mode.
🔍 Navigating Between Modes

After the currently selected World Time City name appears, the watch will display the current time in that city.

• You can display the World Time City while in the World Time Mode by pressing (A).

World Time City

World Time

CASIO®

World Time City Setting

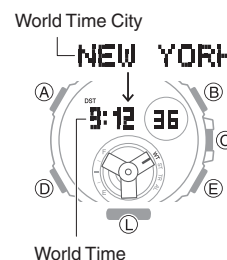Use the procedure in this section to select a World Time city. If you are in an area that observes summer time, you can also configure a summer time setting.

> **Note**
>
> • The initial factory default summer time setting for all cities is [AUTO]. In many cases, the [AUTO] setting lets you use the watch without switching between summer time and standard time.

1. Enter the World Time Mode.
   🔍 Navigating Between Modes

2. Use (B) and (E) to display the city you want to specify as a World Time City.

NEW YORK
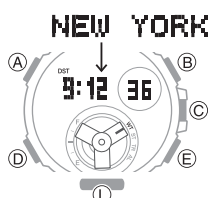
3. To change the summer time setting, hold down (A) for at least two seconds. Release the button when [AUTO] starts to flash.

AUTO

4. Use (E) to change the summer time setting.

   Each press of (E) cycles through settings in the sequence shown below.

   • [AUTO]
     The watch switches between standard time and summer time automatically.
   • [OFF]
     The watch always indicates standard time.
   • [ON]
     The watch always indicates summer time.

5. Press (A) to exit the setting screen.

> **Note**
>
> • While [UTC] is selected as the city, you will not be able to change or check the summer time setting.
>
> • If you select a World Time City with G-SHOCK Connected and then change to a different city with a watch operation, the G-SHOCK Connected city information is deleted from the watch.
>   🔍 Configuring World Time Settings

Selecting UTC (Coordinated Universal Time) as Your World Time City

In the World Time Mode, pressing (B) and (E) at the same time will set UTC (Coordinated Universal Time) as the World Time City and display its current time.

UTC
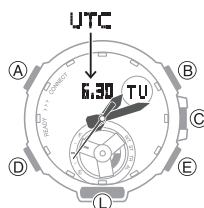
Swapping Your Home Time and World Time

In the World Time mode, press (A) and (L) at the same time to swap your Home City time with your World Time.

Before swapping | After swapping
World Time | Home Time

Home Time | World Time
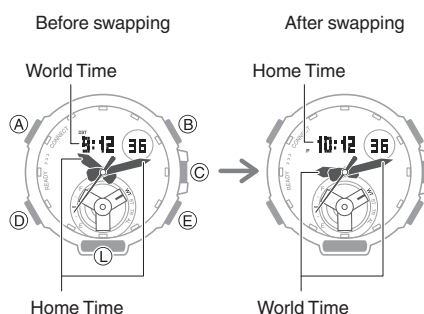
> **Note**
>
> • This function comes in handy when you need to move to another time zone. For details about how to use it, go to the section below.
>   🔍 Moving to Another Time Zone

Stopwatch

The stopwatch measures elapsed time in 1/1000-second units for the first hour, and in 1/10-second units after that for up to 24 hours.

Measuring Elapsed Time

1. Enter the Stopwatch Mode.
   🔍 Navigating Between Modes

2. Use the operations below to measure elapsed time.

   (E) Start
   ↓
   (E) Stop
   ↓
   (E) Resume
   ↓
   (E) Stop

   • Elapsed time is shown in 1/1000-second units for the first hour of the measurement session. After the first hour, elapsed time is shown in 1/10-second units.

   First hour | After first hour

   Minutes, seconds, 1/1000 seconds | Hours, minutes, seconds, 1/10 seconds

3. Press (B) to reset the stopwatch to all zeros.

10

CASIO®
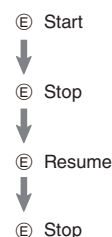
Measuring a Split Time

1. Enter the Stopwatch Mode.
   🔍 Navigating Between Modes

2. Use the operations below to measure elapsed time.
   - Pressing (B) displays the elapsed time from the start of a race up to the point when you pressed the button (split time).
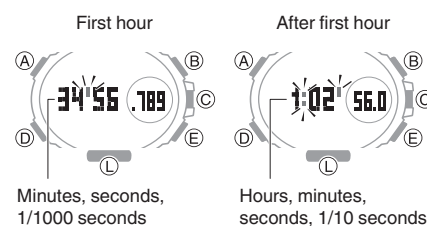
   Ⓔ Start
   ↓
   Ⓑ Split
   ↓
   Ⓑ Split release
   ↓
   Ⓔ Stop

   - Elapsed time is shown in 1/1000-second units for the first hour of the measurement session. After the first hour, elapsed time is shown in 1/10-second units.

   First hour   After first hour

   Minutes, seconds,   Hours, minutes,
   1/1000 seconds   seconds, 1/10 seconds
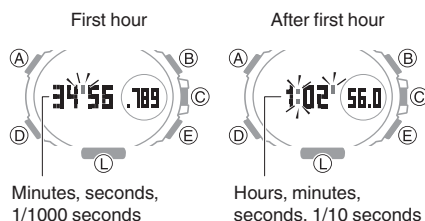
3. Press (B) to reset the stopwatch to all zeros.

Timing the First and Second Place Finishers

1. Enter the Stopwatch Mode.
   🔍 Navigating Between Modes

2. Use the operations below to measure elapsed time.

   Ⓔ Start
   ↓
   Ⓑ 1st Finisher*
   ↓
   Ⓔ 2nd Finisher*

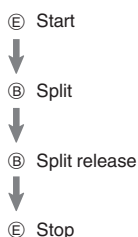   * Displays the time of the first finisher.

   - Elapsed time is shown in 1/1000-second units for the first hour of the measurement session. After the first hour, elapsed time is shown in 1/10-second units.
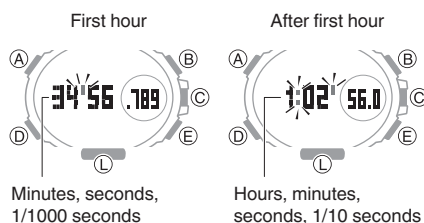
   First hour   After first hour

   Minutes, seconds,   Hours, minutes,
   1/1000 seconds   seconds, 1/10 seconds

3. Press (B) to display the time of the second place finisher.

4. Press (B) to reset the stopwatch to all zeros.

Timer

The timer counts down from a start time specified by you. A beeper sounds when the end of the countdown is reached.

- The beeper is muted in the cases described below.
 - When battery power is low
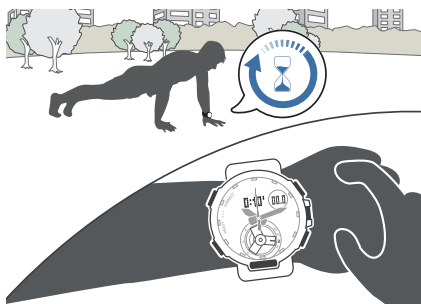
Setting the Countdown Start Time

The countdown start time can be set in 1-second units up to 24 hours.

- If a timer countdown operation is in progress, reset the timer to its current start time before performing this operation.
  🔍 Using the Timer

1. Enter the Timer Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds. Release the button when the hour digits start to flash.

   This causes the hours digit to flash.
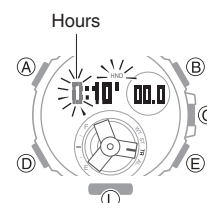
   Hours

3. Use (B) and (E) to change the timer hours setting.

4. Press (D).

   This causes the minutes digits to flash.
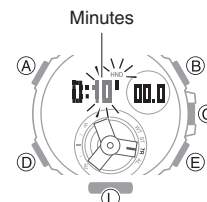
   Minutes

5. Use (B) and (E) to change the minutes setting.

6. Press (D).

   This causes the seconds digits to flash.
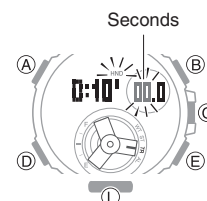
   Seconds

7. Use (B) and (E) to change the seconds setting.

8. Press (A) to exit the setting screen.

> **Note**
>
> - You can also use G-SHOCK Connected to configure timer settings.

Using the Timer

1. Enter the Timer Mode.
   🔍 Navigating Between Modes

2. Use the operations below to perform a timer operation.

   Ⓔ Start

   ⬇

   (Countdown starts)

   ⬇

   Ⓔ Pause

   ⬇

   Ⓔ Resume

   ⬇

   (Time up)
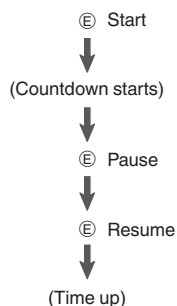
   - A beeper will sound for 10 seconds to let you know when the end of a countdown is reached.
   - You can reset a paused countdown to its start time, by pressing (B).

3. Press any button to stop the tone.

Alarms and Hourly Time Signal

The watch will beep when an alarm time is reached. You can set up to five different alarms. The hourly time signal causes the watch to beep every hour on the hour.

- The alarm sound is muted in the cases described below.
  - When battery power is low
  - When watch is at Level 2 power saving
  🔍 Power Saving Function

Configuring Alarm Settings

1. Enter the Alarm Mode.
   🔍 Navigating Between Modes

2. Press (E) to scroll through alarm numbers ([AL1] to [AL5]) until the alarm you want to configure is displayed.
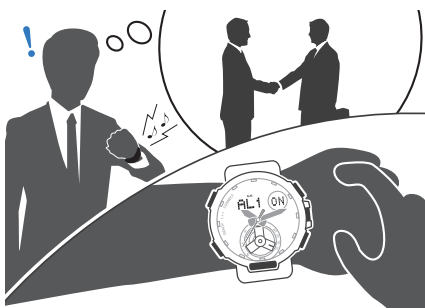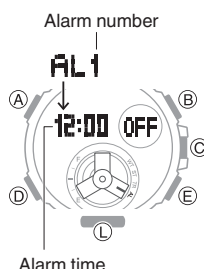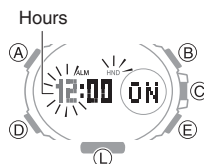
   Alarm number

   AL 1

   12:00 OFF

   Alarm time

3. Hold down (A) for at least two seconds. Release the button when the hours digits start to flash.

   Hours

   12:00 ON

4. Use (B) and (E) to change the hour setting.
   - If you are using 12-hour timekeeping, [P] indicates p.m.

   P 6:00 ON

5. Press (D).
   This causes the minutes digits to flash.

   Minutes

   6:00 ON

6. Use (B) and (E) to set the minute setting.

7. Press (D).
   This causes the alarm type to flash.

   SCH

8. Use (E) to specify an alarm type.

   [DAILY]: Alarm sounds every day at the alarm time.

   [1 TIME]: Alarm sounds only once at the alarm time.

   [SCH]: Alarm sounds on the specified date.
   🔍 Configuring Schedule Alarm Settings

9. Press (A) to exit the setting screen.
   - [ALM] is shown on the display while an alarm is set.

   ALM 6:00 ON

10. Hold down (D) for at least two seconds to return to the Timekeeping Mode.

> **Note**
>
> - A beeper sounds for 10 seconds when an alarm time is reached.
> - You can also use G-SHOCK Connected to configure alarm time settings.

● **To stop the alarm**

Pressing any button while the beeper is sounding stops it.

Configuring Schedule Alarm Settings

With the [SCH] (schedule) alarm type, you can specify the year, month, and day that you want an alarm to sound.

● **Creating a Schedule Alarm**

There are various schedule alarm variations, and the variation that is set depends on the year, month, and day settings you configure. Three typical setting configurations are shown below, but other configurations are also possible.

① Year, month, day all specified
The alarm sounds once at the specified time on the specified date.

② Year, month, day partially specified
- Specifying only the year will cause the alarm to sound at the specified time every day of the specified year.
- Specifying only the month and day will cause the alarm to sound at the specified time on the specified date every year.
You can also create a schedule alarm by specifying the month only, day only, year and month only, and year and day only.
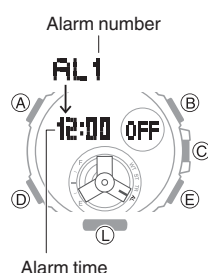
③ Year, month, day not specified (Display: [--.-- ----])
In this case, the alarm will sound at the specified time every day.

1. Enter the Alarm Mode.
   🔍 Navigating Between Modes

2. Press (E) to scroll through alarm numbers ([AL1] to [AL5]) until the alarm you want to configure is displayed.

Alarm number

Alarm time

3. Hold down (A) for at least two seconds. Release the button when the hours digits start to flash.

Hours

4. Use (B) and (E) to change the hour setting.
   - If you are using 12-hour timekeeping, [P] indicates p.m.

5. Press (D).
   This causes the minutes digits to flash.

Minutes

6. Use (B) and (E) to set the minute setting.
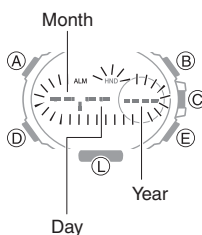
7. Press (D).
   This causes the alarm type to flash.

8. Press (E) to display [SCH].

9. Press (A).
   This displays a screen for setting the year, month, and day.
   - Use (B) and (E) to change the flashing setting.
   - Use (D) to move the flashing between settings (year, month, day).

Month

Year

Day

10. Press (A) to exit the setting screen.
    - [ALM] is shown on the display while an alarm is set.

11. Hold down (D) for at least two seconds to return to the Timekeeping Mode.

Note

- A beeper sounds for 10 seconds when an alarm time is reached.
- You can also use G-SHOCK Connected to configure alarm time settings.

● **To stop the alarm**

Pressing any button while the beeper is sounding stops it.

Enabling the Hourly Time Signal

1. Enter the Alarm Mode.
   🔍 Navigating Between Modes

2. Press (E) to display the hourly time signal screen ([SIG]).
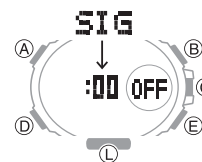
3. Press (B) to toggle the hourly time signal between enabled (on) and disabled (off).
   - [SIG] is displayed while the hourly time signal is enabled.

4. Hold down (D) for at least two seconds to return to the Timekeeping Mode.

Note

- Note that you will not be able to turn on a schedule ([SCH]) alarm whose date has already passed.
- You can also use G-SHOCK Connected to enable the hourly time signal.

Turning Off an Alarm or the Hourly Time Signal

To stop an alarm or the hourly time signal from sounding, perform the steps below to turn it off.

- To have an alarm or hourly time signal sound again, turn it back on.

> **Note**
>
> - Indicators are displayed while any of the alarms or the hourly time signal is turned on.
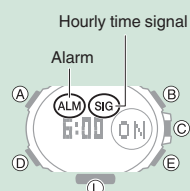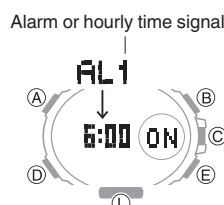> - The applicable indicators are not displayed while all of the alarms are turned off and/or the hourly time signal is turned off.
>
> Hourly time signal
>
> Alarm

1. Enter the Alarm Mode.
   🔍 Navigating Between Modes

2. Use (E) to scroll through the alarm ([AL1] to [AL5]) and hourly time signal ([SIG]) screens until the one you want to turn off is displayed.

   Alarm or hourly time signal

3. Press (B) to turn off the displayed alarm or the hourly time signal.

   - Each press of (B) toggles between on and off.
   - Turning off all of the alarms and the hourly time signal causes [ALM] and [SIG] to disappear from the display.

4. Hold down (D) for at least two seconds to return to the Timekeeping Mode.

> **Note**
>
> - If [ALM] remains on the display, it means that at least one alarm is still turned on. To turn off all of the alarms, repeat steps 2 and 3 until the [ALM] indicator is no longer displayed.

Adjusting Time Settings Manually

When there is no communication with a mobile phone, the time and date can be adjusted with the procedure below.

## Setting a Home Time City

Use the procedure in this section to select a city to use as your Home City. If you are in an area that observes summer time, you can also configure a summer time setting.

> **Note**
>
> - The initial factory default summer time setting for all cities is [AUTO]. In many cases, the [AUTO] setting lets you use the watch without switching between summer time and standard time.

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.
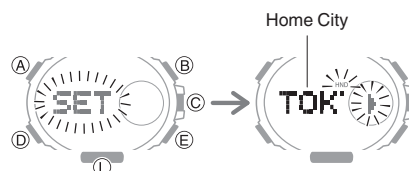
   Home City

3. Use (B) and (E) to change the Home City setting.

   - For details refer to the information below.
     🔍 City Table

4. Press (D).

5. Use (E) to change the summer time setting.

   Each press of (E) cycles through settings in the sequence shown below.

   - [AUTO]
     The watch switches between standard time and summer time automatically.
   - [OFF]
     The watch always indicates standard time.
   - [ON]
     The watch always indicates summer time.

6. Press (A) to exit the setting screen.
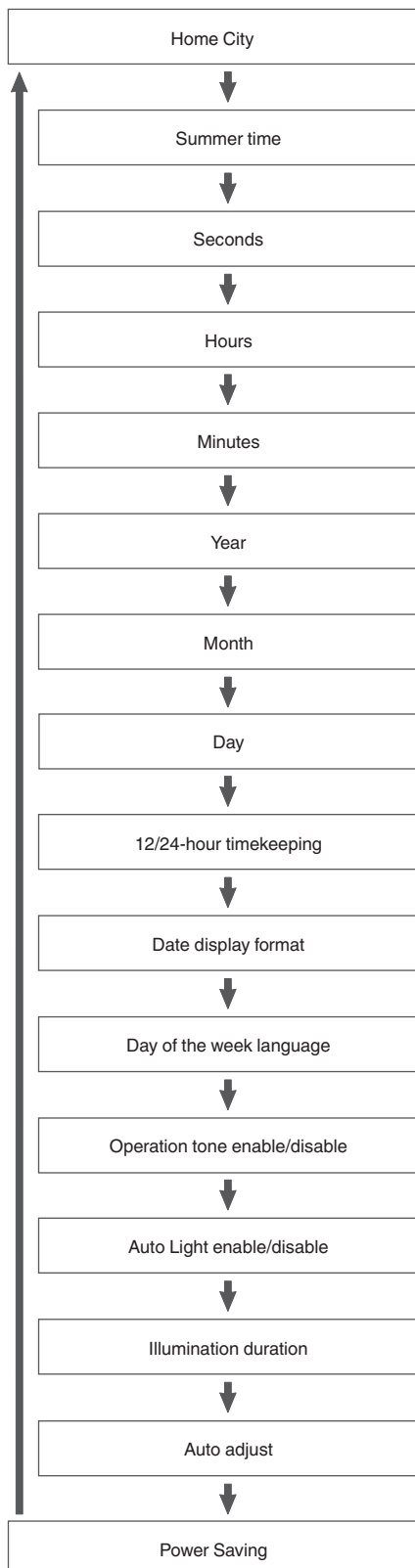
Setting the Time/Date

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

   Home City
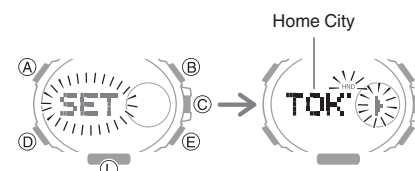
3. Use (D) to display the setting you want to change.

   • Each press of (D) cycles through settings in the sequence shown below.

Home City
↓
Summer time
↓
Seconds
↓
Hours
↓
Minutes
↓
Year
↓
Month
↓
Day
↓
12/24-hour timekeeping
↓
Date display format
↓
Day of the week language
↓
Operation tone enable/disable
↓
Auto Light enable/disable
↓
Illumination duration
↓
Auto adjust
↓
Power Saving

4. Configure the date and time settings.

   • While the seconds are flashing, pressing (E) will reset them to 00. 1 is added to the minutes when the current seconds count is between 30 and 59 seconds.

   • For all the other settings, use (B) and (E) to change the flashing setting.

5. Repeat steps 3 and 4 to select time and date settings.

6. Press (A) to exit the setting screen.

## Selecting UTC (Coordinated Universal Time) as Your Home City

Pressing (B) and (E) at the same time will set UTC (Coordinated Universal Time) as the Home City and display its current time.
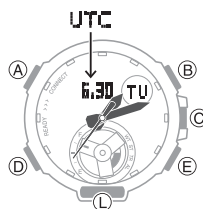
Switching between 12-hour and 24-hour Timekeeping

You can specify either 12-hour format or 24-hour format for the time display.

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

Home City
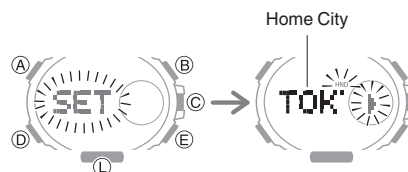
3. Press (D) eight times.

   This causes [12H] or [24H] to flash on the display.

4. Press (E) to select [12H] (12-hour timekeeping) or [24H] (24-hour timekeeping).

12-hour timekeeping   24-hour timekeeping

5. Press (A) to exit the setting screen.

Changing the Date Display Format

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

Home City
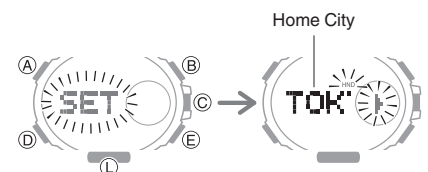
3. Press (D) nine times.

   This displays a screen for selecting the date display format.

4. Press (E) to select a date display format.

   M: Month

   DD: Day

5. Press (A) to exit the setting screen.

Specifying the Day of the Week Language

You can select any one of six languages for the day of the week display in the Timekeeping Mode.

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

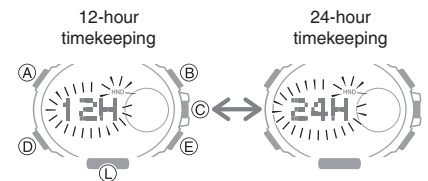2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.
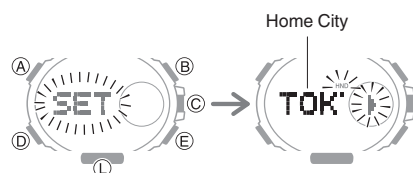
Home City

3. Press (D) 10 times.

   This causes the language setting to flash.

4. Use (E) to select a language.

   [ENG]: English
   [ESP]: Spanish
   [FRA]: French
   [DEU]: German
   [ITA]: Italian
   [PyC]: Russian

5. Press (A) to exit the setting screen.

Light

The watch has an LED light that you can turn on for viewing in the dark.
The watch also has an auto light function that automatically illuminates the display whenever the watch is angled for reading in the dark.
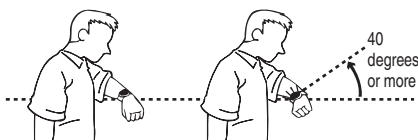
Illuminating the Display Manually

Pressing (L) turns on illumination.

- Illumination will turn off automatically if an alarm starts to sound.
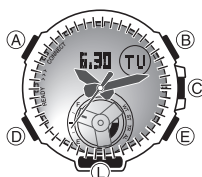
Auto Light

If Full Auto Light is enabled, face illumination will turn on automatically whenever the watch is positioned at an angle of 40 degrees or more.

40 degrees or more

> **Important!**
>
> - Auto Light may not operate properly when the watch is at a horizontal angle of 15 degrees or greater from horizontal as shown in the illustration below.
>
>
>
> - Auto Light may operate unintentionally and run down the battery if the watch is blocked from light by your sleeve.
> - Electro-static charge or magnetism can interfere with proper Full Auto Light operation. If this happens, try lowering your arm and then angle it towards your face again.
> - When moving the watch you may note a slight rattling sound. This is the sound of Full Auto Light switch operation and does not indicate malfunction.

> **Note**
>
> - Full Auto Light is disabled when any one of the conditions below exists.
>   - Alarm, timer alert, or other beeper sounding

Configuring the Full Auto Light Setting

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

Home City
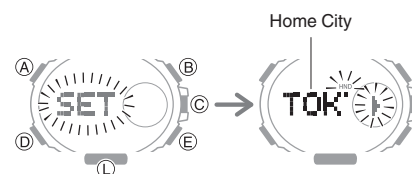
3. Press (D) 12 times to display [AUTO].

4. Press (E) to toggle Full Auto Light between enabled and disabled.

   [ON]: Face is illuminated when the watch is angled towards your face where lighting is low.

   [OFF]: Face is not illuminated when the watch is angled towards your face.

5. Press (A) to exit the setting screen.

Specifying the Illumination Duration

You can select either 1.5 seconds or three seconds as the illumination duration.

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

Home City

3. Press (D) 13 times to display [LIGHT].

4. Press (E) to select an illumination duration.

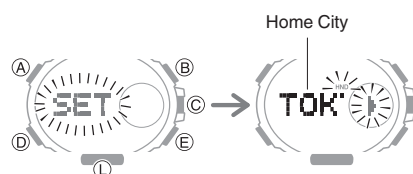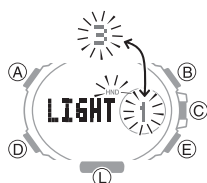   [1]: 1.5-second illumination

   [3]: 3-second illumination

5. Press (A) to exit the setting screen.
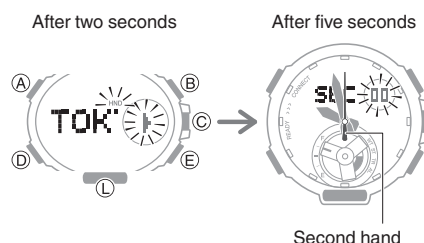
Hand Alignment Adjustment

Strong magnetism or impact can cause the time indicated by the analog hands to become different from the time on the digital display. If this happens, adjust hand alignment.

Adjusting Hand Alignment

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least 5 seconds. Release the button when [00] starts to flash.

   This enables adjustment of second hand alignment.

   After two seconds   After five seconds

   Second hand

3. If the second hand is not aligned with 12 o'clock, use (B) and (E) to align it.

4. Press (D).

   This enables adjustment of mode hand alignment.
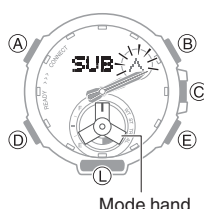
   Mode hand

5. If the mode hand is not aligned with 12 o'clock, use (B) and (E) to align it.

6. Press (D).

   This enables adjustment of the hour and minute hands.

   Hour hand   Minute hand
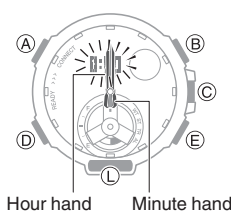
7. If the hour and minute hands are not at 12 o'clock, use (B) and (E) to align them.

8. Press (A) to exit the setting screen.

Other Settings

This section explains other watch settings you can configure.

Enabling the Button Operation Tone

Use the procedure below to enable or disable the tone that sounds when you press a button.

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

   Home City
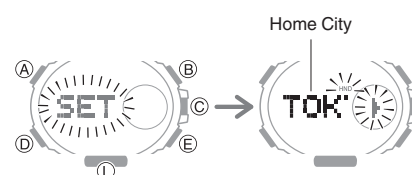
3. Press (D) 11 times.

   This causes [KEY♪] or [MUTE] to flash on the display.

4. Press (E) to select [KEY♪] or [MUTE].

   [KEY♪]: Operation tone enabled.

   [MUTE]: Operation tone muted.

5. Press (A) to exit the setting screen.

> **Note**
>
> • Note that alarm and timer tones will still sound even while the operation tone is muted.

Configuring Power Saving Function Settings

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

Home City

3. Press (D) 15 times.
   This displays [P.SAVE].

4. Press (E) to toggle between ON and OFF.
   [ON]: Power Saving enabled.
   [OFF]: Power Saving disabled.

5. Press (A) to exit the setting screen.

> **Note**
>
> • For details about Power Saving, refer to the information below.
>   🔍 Power Saving Function

Resetting Watch Settings

This section explains how to return the watch settings below to their initial factory defaults.

- Watch Settings
- Stopwatch
- Timer
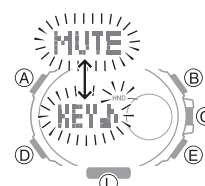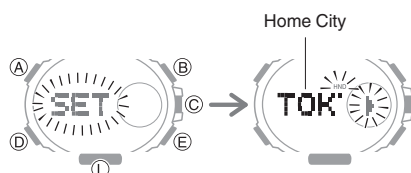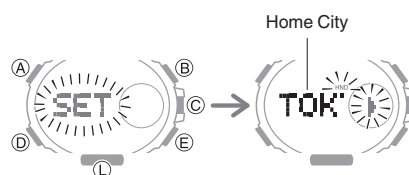- Alarm

1. Enter the Timekeeping Mode.
   🔍 Navigating Between Modes

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

Home City

3. Press (D) twice.
   This causes the seconds to flash.

Seconds

4. Hold down (B) for at least five seconds. Release it when [RESET] stops flashing.

5. Press (A) to exit the setting screen.

> **Note**
>
> • Resetting the watch will also delete information for pairing the watch with a phone, and unpair them.

Moving to Another Time Zone

Use the procedure below to easily change day and time settings of the watch to a destination location.

● **Before Boarding**

1. Configure the World Time to the current time at your destination.
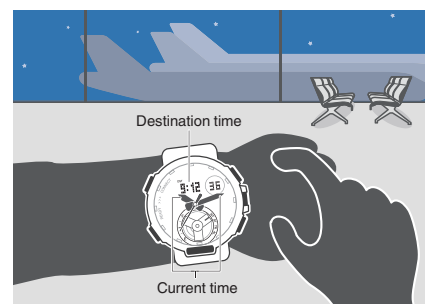
Destination time

Current time

   🔍 Using G-SHOCK Connected to Configure Settings
   🔍 Using Watch Operations to Configure Settings

2. Disable auto time adjustment.
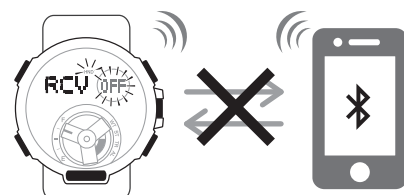
   🔍 Using the Watch in a Medical Facility or Aircraft

● **After Arriving**

1. Swap the origin time zone time with the destination time zone time.

Before swapping   After swapping
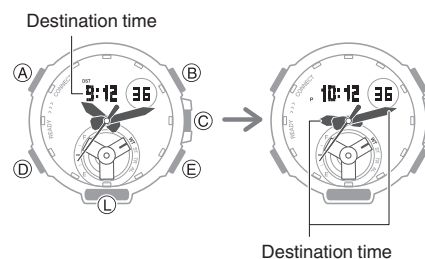
Destination time

Destination time

   🔍 Using G-SHOCK Connected to Configure Settings
   🔍 Using Watch Operations to Configure Settings

2. Enable auto time adjustment.
   🔍 Using the Watch in a Medical Facility or Aircraft

3. Adjust the time setting.
   🔍 Triggering Immediate Time Adjustment

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Other Information

This section provides non-operational information you also need to know. Refer to this information as required.

City Table

| City		Offset
UTC	Coordinated Universal Time	0
LONDON	London	0
PARIS	Paris	+1
ATHENS	Athens	+2
JEDDAH	Jeddah	+3
TEHRAN	Tehran	+3.5
DUBAI	Dubai	+4
KABUL	Kabul	+4.5
KARACHI	Karachi	+5
DELHI	Delhi	+5.5
KATHMANDU	Kathmandu	+5.75
DHAKA	Dhaka	+6
YANGON	Yangon	+6.5
BANGKOK	Bangkok	+7
HONG KONG	Hong Kong	+8
PYONGYANG*	Pyongyang	+8.5
EUCLA	Eucla	+8.75
TOKYO	Tokyo	+9
ADELAIDE	Adelaide	+9.5
SYDNEY	Sydney	+10
LORD HOWE ISLAND	Lord Howe Island	+10.5
NOUMEA	Noumea	+11
WELLINGTON	Wellington	+12
CHATHAM ISLAND	Chatham Islands	+12.75
NUKU'ALOFA	Nuku'alofa	+13
KIRITIMATI	Kiritimati	+14
BAKER ISLAND	Baker Island	-12
PAGO PAGO	Pago Pago	-11
HONOLULU	Honolulu	-10
MARQUESAS ISLANDS	Marquesas Islands	-9.5
ANCHORAGE	Anchorage	-9
LOS ANGELES	Los Angeles	-8
DENVER	Denver	-7
CHICAGO	Chicago	-6
NEW YORK	New York	-5
HALIFAX	Halifax	-4
ST. JOHN'S	St. John's	-3.5
RIO DE JANEIRO	Rio de Janeiro	-3
F. DE NORONHA	Fernando de Noronha	-2
PRAIA	Praia	-1

* In May, 2018, the offset for PYONGYANG was changed to +9. However, this watch still uses an offset of +8.5. Because of this, selecting PYONGYANG will set an offset of +8.5.

- The information in the above table is current as of January 2020.
- Time zones may change and UTC differentials may become different from those shown in the table above. If this happens, connect the watch with a phone to update the watch with the latest time zone information.

Summer Time Table

When [AUTO] is selected for a city that observes summer time, switching between standard time and summer time will be performed automatically at the timing shown in the table below.

> **Note**
>
> - Summer time start and end dates for your current location may be different from those shown below. If this happens, you can have new summer time information for your Home City and World Time city sent to the watch by connecting the watch with a phone. If the watch is not connected with a phone, you can change the summer time setting manually.

City Name	Summer Time Start	Summer Time End
London	01:00, last Sunday in March	02:00, last Sunday in October
Paris	02:00, last Sunday in March	03:00, last Sunday in October
Athens	03:00, last Sunday in March	04:00, last Sunday in October
Tehran	00:00, March 22 or 21	00:00, September 22 or 21
Sydney, Adelaide	02:00, first Sunday in October	03:00, first Sunday in April
Lord Howe Island	02:00, first Sunday in October	02:00, first Sunday in April
Wellington	02:00, last Sunday in September	03:00, first Sunday in April
Chatham Islands	02:45, last Sunday in September	03:45, first Sunday in April
Anchorage	02:00, second Sunday in March	02:00, first Sunday in November
Los Angeles	02:00, second Sunday in March	02:00, first Sunday in November
Denver	02:00, second Sunday in March	02:00, first Sunday in November
Chicago	02:00, second Sunday in March	02:00, first Sunday in November
New York	02:00, second Sunday in March	02:00, first Sunday in November
Halifax	02:00, second Sunday in March	02:00, first Sunday in November
St. John's	02:00, second Sunday in March	02:00, first Sunday in November

- The information in the above table is current as of January 2020.

Supported Phones

For information about phones that can connect with the watch, visit the CASIO website.

https://world.casio.com/os_mobile/wat/

Specifications

Accuracy at normal temperature :

±15 seconds per month average when time adjustment by communication with a phone is not possible.

Timekeeping :
Analog
Hour, minute (moves every 10 seconds), second
Digital
Hour, minute, second, month, day, day of the week
a.m./p.m.(P)/24-hour timekeeping
Full Auto Calendar (2000 to 2099)
Summer Time

World Time :
39 cities (39 time zones) and Coordinated Universal Time (UTC)
Summer time
Home Time swapping
Direct UTC recall

Stopwatch :
Measurement unit:
1/1000 seconds (first hour)
1/10 seconds (after first hour)
Measurement range: 23 hours 59 minutes 59.9 seconds
Measurement Functions:
Normal elapsed time, split times, 1st and 2nd place finisher times

Timer :
Unit: 1/10 seconds
Range: 24 hours
Time setting unit: 1 second
Time setting range: 1 second to 24 hours
10-second beeper when the end of the countdown is reached

Alarm :
Time alarms
Number of alarms
5 (DAILY, 1 TIME, SCHEDULE)
Setting units
Hour, minute (DAILY, 1 TIME)
Year, month, day, hour, minute (SCHEDULE)
Alarm tone duration: 10 seconds
Hourly time signal: Beep every hour on the hour

Mobile Link :
Auto Time Correction
Time setting adjusted automatically at preset time.
One-touch Time Correction
Manual connection and time adjustment
Phone finder
Watch operation sounds the alert sound of the mobile phone.
World Time
Current time for approximately 300 cities selected for the watch
Home Time/World Time swapping
Auto Summer Time Switching
Automatic switching between standard time and summer time.
Timer Settings
Alarm Settings
Hand alignment correction
Data Communication Specifications
Bluetooth®
Frequency Band: 2400MHz to 2480MHz
Maximum Transmission: 0 dBm (1 mW)
Communication range: Up to 2 meters (depends on environment)

Other :
High-brightness DOUBLE LED light, illumination duration setting, Full Auto Light, power saving, battery power indicator, operation tone on/off, hand shift

Power Supply :
Solar panel and one rechargeable battery
Battery operating time: Approximately 6 months
Conditions:
Auto time correction: 4 times/day
Alarm: Once (10 seconds)/day
Illumination: Once (1.5 seconds)/day
Power Saving: 6 hours/day

Specifications are subject to change without notice.

Mobile Link Precautions

● **Legal Precautions**

• This watch complies with or has received approval under the radio laws of various countries and geographical areas. Using this watch in an area where it does not comply with or has not received approval under applicable radio laws may be a criminal offense. For details, visit the CASIO Website.
https://world.casio.com/ce/BLE/

• Use of this watch inside of aircraft is restricted under the aviation laws of each country. Be sure to follow the instructions of airline personnel.

● **Precautions when using Mobile Link**

• When using this watch in combination with a phone, keep the watch and phone close to each other. A range of two meters is recommended as a guideline, but the local environment (walls, furniture, etc.), the structure of a building, and other factors may require a much closer range.

• This watch can be affected by other devices (electrical devices, audio-visual equipment, office equipment, etc.) In particular, it can be affected by operation of a microwave oven. The watch may not be able to communicate normally with a phone if a microwave oven is operating nearby. Conversely, this watch may cause noise in radio reception and the video image of a TV.

• Bluetooth of this watch uses the same frequency band (2.4 GHz) as wireless LAN devices, and use of such devices in close proximity of this watch may result in radio interference, slower communication speeds and noise for the watch and the wireless LAN device, or even communication failure.

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● **Stopping Radio Wave Emission by This Watch**

The watch is emitting radio waves whenever the second hand is pointing to [READY] or [CONNECT].
In addition, the watch also connects phone automatically four times a day to adjust its time setting.

When in a hospital, on an aircraft, or in any other area where the use of radio waves is not allowed, use the operation below to stop radio wave generation.

• Stopping Radio Wave Generation

Press any button to terminate the Bluetooth connection.

Connected   Disconnected
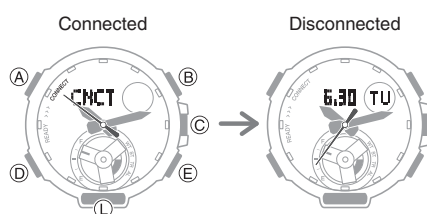
• Disabling Auto Time Adjustment
Configure G-SHOCK Connected settings to disable time adjustment between the watch and phone.
🔍 Using the Watch in a Medical Facility or Aircraft

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Troubleshooting

I can't pair the watch with a phone.

Q1 I've never been able to establish a (pairing) connection between the watch and phone.

Are you using a supported phone model?

Check if the phone model and its operating system are supported by the watch.
For information about supported phone models, visit the CASIO Website.
https://world.casio.com/os_mobile/wat/

Did you install G-SHOCK Connected on your phone?

G-SHOCK Connected needs to be installed on your phone in order to connect with the watch.
🔍 ① Install the app on your phone.

Are your phone's Bluetooth settings configured correctly?

Configure the phone's Bluetooth settings. For details about setting procedures, see your phone documentation.
iPhone Users

• "Settings" ➔ "Bluetooth" ➔ On

• "Settings" ➔ "Privacy" ➔ "Bluetooth" ➔ "G-SHOCK Connected" ➔ On
Android Users
• Enable Bluetooth.

Other than the above.

Some phones need to have BT Smart disabled to use G-SHOCK Connected. For details about setting procedures, see your phone documentation.

On the Home Screen, tap: "Menu" ➔ "Settings" ➔ "Bluetooth" ➔ "Menu" ➔ "BT Smart settings" ➔ "Disable".

I can't reconnect the watch and phone.

**Q1** The watch will not re-connect with the phone after they are disconnected.

Is G-SHOCK Connected running?

The watch cannot re-connect with the phone unless G-SHOCK Connected is running on the phone. On your phone's Home Screen, tap the "G-SHOCK Connected" icon. Next, on the watch, hold down (C) for at least 1.5 seconds.
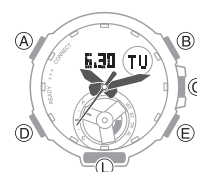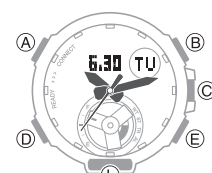

Have you tried turning your phone off and then back on again?

Turn your phone off and then back on, and then tap the "G-SHOCK Connected" icon. Next, on the watch, hold down (C) for at least 1.5 seconds.
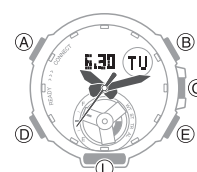

Q2 I can't connect while my phone is in the Airplane Mode.

Connection with the watch is not possible while the phone's Airplane Mode is enabled. After disabling the phone's Airplane Mode, go to the phone's Home Screen and tap the "G-SHOCK Connected" icon. Next, on the watch, hold down (C) for at least 1.5 seconds.

Q3 I changed the phone's Bluetooth from enabled to disabled, and now I can't connect anymore.

On your phone, re-enable Bluetooth, and then go to the Home Screen and tap the "G-SHOCK Connected" icon. Next, on the watch, hold down (C) for at least 1.5 seconds.
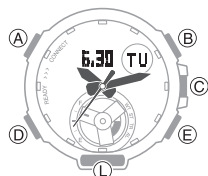
Q4 I can't connect after turning off the phone.

Turn your phone off and then back on, and then tap the "G-SHOCK Connected" icon. Next, on the watch, hold down (C) for at least 1.5 seconds.
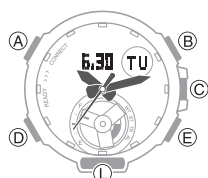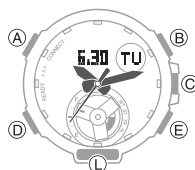

Phone-Watch Connection

Q1 I can't establish a connection between the phone and watch.

Have you tried turning your phone off and then back on again?

> Turn your phone off and then back on, and then tap the "G-SHOCK Connected" icon. Next, on the watch, hold down (C) for at least 1.5 seconds.
>
>

Has the watch been re-paired with the phone?

> After deleting pairing information from G-SHOCK Connected, re-pair them.
> 🔍 Unpairing
> 🔍 ③ Pair the watch with a phone.

If you are unable to establish a connection...

> Use the procedure below to delete the pairing information from the watch, and then re-pair the watch and phone.
>
> ① Hold down (D) for at least two seconds to enter the Timekeeping Mode.
>
> ② Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.
>
> ③ Press (D) twice to cause the seconds digits to flash.
>
> ④ Hold down (B) for at least two seconds. Release it when [CLR] stops flashing. This deletes the pairing information from the watch and returns to the timekeeping display.

Changing to a Different Phone Model

Q1 Connecting the current watch to another phone.

Pair the watch with the phone.
🔍 If you purchase another phone

Auto Time Adjustment by Bluetooth Connection (Time Adjustment)

Q1 When does the watch adjust its time?

The watch will connect with the phone and perform auto time adjustment at around 12:30 a.m., 6:30 a.m., 12:30 p.m. and 6:30 p.m. The connection is automatically terminated after auto time adjustment is complete.

Q2 Auto time adjustment is not performed at a scheduled time.

Is auto time adjustment not being performed according to its normal schedule?

> Note that auto time adjustment is not performed for 24 hours after swapping of the Home Time and World Time, or after the time setting is adjusted manually on the watch. Auto time adjustment will resume 24 hours after either of the above operations is performed.

Is a stopwatch or timer operation being performed?

> Auto time adjustment will not start at the scheduled times if a stopwatch or timer operation is in progress. Stop the stopwatch or timer operation.
> 🔍 Stopwatch
> 🔍 Timer

Is auto time adjustment enabled?

> Auto time adjustment will not be performed at the scheduled times unless it is enabled. Enable auto time adjustment.
> 🔍 Using the Watch in a Medical Facility or Aircraft

Q3 Even if I press (C), the watch does not sync its time setting with my phone.

Time setting syncing will not be performed if you press (C) while a stopwatch elapsed time measurement operation or a timer countdown operation is in progress. After the ongoing stopwatch or timer operation is stopped, press (C) again.

Q4 Time is not displayed correctly.

The phone's time setting may be incorrect because it is unable to connect with its network due to being out of range, etc. If this happens, connect the phone to its network and then adjust the time setting.

Alarms and Hourly Time Signal

Q1 An alarm and/or the hourly time signal do not sound.

Is the watch's battery charged?

Keep the watch exposed to light until it recharges sufficiently.
🔍 Solar Charging

Other than the above.

Enable the alarm and/or the hourly time signal.
🔍 Configuring Alarm Settings
🔍 Configuring Schedule Alarm Settings
🔍 Enabling the Hourly Time Signal